

### FIRST DAY SCHEDULE

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14.00-16.00 Registration: juniors must deposit their documents, travel tickets and pocket money, which will be kept in a safe. If someone does not want to deposit values, h/she will sign a declaration freeing our Organization from any responsibility for loss or theft.

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Settling in the assigned room

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Assignment of the student to a Group Leader

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Orientation

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16.00-18.00 Placement test

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18.00-19.00 Shower and preparing for dinner

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19.15-20.15 Dinner

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20.30-22.00 Welcome party, presentation of the leisure activities of the week

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### AGE GROUPS

Students will be divided in groups according to their age within the following programs:

**Teenager program:** for students ages 13 – 14. Activities will be tailored to students' age and they will be supervised all day. The group will be accompanied even when within the resort, except in case of proof of maturity and subsequent permission by our tutors. Besides the weekend excursions, other activities out of the village are possible. They may include: a visit to a shopping centre, an evening at a fair, a walk along the promenade, etc. On these occasions, tutors will give students permission to travel alone in a restricted area within eyesight. Lights out is no later than 10.30 p.m.

We foresee a tutor/group leader for every 15 students.

**Europe program:** for students ages 15 – 17. Activities will be related to students' age and according to their wishes and expectations. They will be supervised all day. Teens will be allowed to travel independently inside the camp; but tutors will prevent them from smoking and drinking alcohol. Besides weekend excursion, other activities out of the village are foreseen: a visit to a shopping centre, an evening at a fair, a walk along the promenade, etc. On these occasions, tutors will give students permission to travel alone in a restricted area, fixing several appointments to control their movements. Lights out is no later than 11 p.m.

We foresee a tutor/group leader for every 15 students.

Notes: Movements from one age group to another are subject to the authorization of the Director of the Camp. The above grouping does not apply to the Italian Course, where students are grouped in classes according to their level of Italian after testing.

### RESIDENTIAL ACCOMMODATION

Students sleep in triple rooms with a private bathroom. The dorms are staff supervised.

Rooms are available from on Sunday from 14.00 to 15.00 to Sunday at 9.00. Luggage will be stored in a special room until the rooms are allocated for arrivals and after checkout until departure.

Bed linens will be provided and will be changed weekly. Bath and beach towels are not provided.

Bedrooms are cleaned daily but a student should make his/her own bed and keep his/her things in order. During cleaning (09.00-12.30) children are asked not to enter their rooms in order not to disturb the staff. They can use their rooms from 13.30 to 15.00 to relax, listen to music, read, and play games as long as they do so without disturbing those who are resting. Students have from 18.00 – 19.15, after the organized activities, to wash and prepare for dinner.

Students are not allowed to have meals in their rooms nor are they allowed to lock the door from within or to change room without asking the staff.

### MEALS

Everyday students will have 3 hot buffet meals.

Students can help themselves to a full Italian breakfast, lunch and dinner at a centralized buffet-restaurant. Camp participants are always escorted to the restaurant by the staff.

The standard menu includes:

**Italian Breakfast:** tea, instant coffee, plain or chocolate milk and bread with butter and jam.

**Lunch and Dinner:** Students may choose from three first courses, which vary during the week (pasta with different sauces, rice, tortellini, or lasagna including one dietary first course dressed only with butter or olive oil). Students may choose from three main courses which vary during the week: two meat dishes such as steak, roast-beef, hamburger, two fish dishes on Friday, plus a cold dish such as cold meats or cheese. The main course will be accompanied by a choice of two vegetables.

**Dessert:** fresh fruit or ice cream.

**Drinks:** Natural water

**Packed lunch:** 2 sandwiches, snack/cake, fruit, and a small bottle of water are provided for full-day excursions.

### LEISURE ACTIVITIES

Every Sunday afternoon our Staff presents the students with the weekly program of leisure activities according to their age group. Students may choose to participate in one activity per week according to their interest. The program, together with the list of participants, is hung on the notice board. Participation in the chosen activity is compulsory.

Students may choose a different activity every week.

#### Sample afternoon sports and creative activities:

<b>Sport</b>	Based on the number of participants, teams will be organized for the following sports: six-a-side soccer; basketball, volley ball, beach volleyball, beach soccer, tennis, and swimming. At the end of each week, a list with overall ranking will be posted to determine the winning team.
<b>Roller Skating</b>	Those who already know how to skate can register in this program, thus enjoying free skating along the paths of the camp, always escorted by a staff member. Those who have not brought their skates can hire them for about € 10 per week.
<b>Water or Gym Aerobics</b>	Aerobics guided by an instructor will be held indoors or outside depending on weather conditions. There is a possibility of 1 or 2 lessons of aqua gym in the swimming pool. Within the camp, a small press office will be created, where students can write articles, which will be published in the newspaper called "Il Pirata" which will be printed each week.
<b>Newspaper</b>	Students will have the use of computers and the articles can be written both in Italian and English.
<b>Video Laboratory</b>	Students can work on a short film starting from the draft of a screenplay to video editing, choosing the music and special effects. At the end of the week, the video will be shown to all the students at camp and for those who would like to have a copy, one will be available to him/her.
<b>Creative Activities</b>	According to the specialization of each instructor, the following creative activities will be offered: T-shirt design, modelling dough, windows made from cardboard and tissue paper, bracelets and necklaces with small beads etc...
<b>Miscellaneous</b>	A tennis court is available, but must be reserved in advance (no extra cost). Group courses for tennis, roller skating or swimming cost € 50 for 6 lessons. Horseback riding lessons are available (€ 27/hr, € 116 for 6 group lessons/wk - 1 hr each). Groups of students may request to organize special outings, for example to Aqua-Splash (€ 15 for a full day)

<b>Evening Activities</b>	Sport matches (soccer, beach volley), outings in the city center, open air films, camp disco, beach parties, roller skating, etc/
<b>Extra Evening activities upon request (at an additional cost)</b>	Groups of students may request to leave the camp, under supervision, for a special outing. This may include: the Fun Park, discotheque (€5), concerts, game arcade, Riviera Park, a swimming pool opened at night (€ 12 including bus, entrance, games and a soft drink), Mini-golf (€ 3), or bowling (€ 5 including bus, entrance, shoes and game).

### EXCURSIONS PROGRAMME

Once a week there will be a full-day excursion. Educational visits and excursions form an important part of the program. Destinations are carefully chosen to be of great interest to the different age groups and to develop the students' understanding of the country. On every occasion, our younger students are accompanied by experienced members of staff who look after them, answer their questions and ensure that they enjoy and learn from everything they see.

The excursion program may be adjusted in the event of adverse weather conditions or if there are other special events of particular interest to the group.

If there are more than 52 participants, students will be split and we will organize two excursion times: the first on Wednesday and the second on either Tuesday or Thursday according to availability of buses.

<b>EXCURSIONS</b>
VENICE
VERONA or GARDALAND*
VENICE AND ISLANDS
VERONA or GARDALAND*

\* Entrance ticket to Gardaland Fun Park to be paid onsite (Approximately €20)

### POCKET MONEY

Participants should be provided with enough pocket money. We suggest around € 150 per week.

The following are not included in the package fee:

Personal expenses, drinks, ice creams etc.

Special events in Lignano, such as a concert of a particular singer (from € 20)

Games at the Fun Park

Any social or sport activity requested outside the program (see above).

City bus in case students prefer to take the bus than to walk (€ 1 – 2)

Here are some examples of the cost of living in Italy:

Cafeteria prices: Hamburger/sandwich/slice of pizza € 3, Bottled water € 1, soft drink € 2,50, cappuccino € 1, ice cream € 2.

Miscellaneous: a CD costs € 20-25, daily newspaper € 1, first vision cinema € 7, mobile phone card € 50.

### GENERAL INFO

**Clothing:** we recommend comfortable summer sport garments. Clothes should be named/numbered/marked for identification in the weekly free laundry service (Friday).

Personal bath and beach towels and items personal toiletries (soap, shampoo, etc.) are not furnished.

### RULES

Guests are expected to observe certain rules of conduct and of courtesy towards the other guests as well as towards the adult staff:

Use respectful language.

- Respect the playmates and the other students' things
- Be on time for the various activities
- Do NOT use alcoholic drinks, cigarettes and drugs.



# AmeriSpan Teen Study Abroad in Lignano, Italy

## Sample Schedule

Those who do not comply with these common sense rules (for instance show an aggressive and violent behavior towards others, steal other people's things, damage common equipment, get drunk, etc.) will incur disciplinary measures:

For the 1<sup>st</sup> offence, the student's teacher and then the director of the camp will reprimand the student. The director will inform the student that if this behavior continues, his/her parents are going to be contacted.

In serious or repeat cases, parents will be asked to withdraw the student from the program without any refund.

Any additional cost incurred will be passed to the parents.

### **SAMPLE RESIDENTIAL WEEKLY PROGRAM FOR *EUROPA GROUP*** For juniors aged 15 – 16

	<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<b>8.00-8.50</b>	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
<b>9.00 - 10.30</b>	Beach Time	Italian classes	Italian classes	Italian classes	Full -day Excursion	Italian classes	Italian classes
<b>10.30-10.45</b>		Break	Break	Break		Break	Break
<b>10.45-12.15</b>		Italian classes	Italian classes	Italian classes		Italian classes	Italian classes
<b>12.15-13.15</b>	Lunch	Lunch	Lunch	Lunch		Lunch	Lunch
<b>13.15-15.00</b>	Relax	Relax	Relax	Relax		Relax	Relax
<b>15.00-16.30</b>	Meeting with new students	Sports Aerobics Newspaper Video Roller skating	Sports Aerobics Newspaper Video Roller skating	Sports Aerobics Newspaper Video Roller skating		Sport team games with final prizes	Beach time or Swimming pool
<b>16.30-18.00</b>	Beach time	Beach time	Beach or swimming pool	Beach or swimming pool			
<b>18.00-19.15</b>	Shower	Shower	Shower	Shower	Shower	Shower	Shower
<b>19.15-20.15</b>	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
<b>20.30-23.00</b>	Welcome evening and Presentation of the weekly activities	Shopping in the city center	Evening on the beach with sports matches and swimming	Soccer match Roller skating Open air Film	Open air Cinema	Luna Park or walk along the promenade	Farewell party or shopping in the city centre

Note: This is a sample, subject to change based on weather conditions, number of participants or organizational reasons.

### SAMPLE WEEKLY PROGRAM FOR *TEENAGER GROUP*

For juniors aged 13 – 14

	<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<b>8.00 - 8.50</b>	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
<b>9.00 - 10.30</b>	Beach Time	Italian classes	Italian classes	Italian classes	Full Day Excursion	Italian classes	Italian classes
<b>10.30-10.45</b>		Break	Break	Break		Break	Break
<b>10.45-12.15</b>		Italian classes	Italian classes	Italian classes		Italian classes	Italian classes
<b>12.15-13.15</b>	Lunch	Lunch	Lunch	Lunch		Lunch	Lunch
<b>13.15-15.00</b>	Relax	Relax	Relax	Relax		Relax	Relax
<b>15.00 - 16.30</b>	Meeting with Newcomers	Sports Aerobics Newspaper Video Roller skating	Sports Aerobics Newspaper Video Roller skating	Sports Aerobics Newspaper Video Roller skating		Sports Aerobics Newspaper Video Roller skating	Beach time or Swimming pool
<b>16.30 - 18.00</b>	Beach time	Beach time	Beach or swimming pool	Beach or swimming pool		Beach or swimming pool	
<b>18.00-19.15</b>	Shower	Shower	Shower	Shower	Shower	Shower	Shower
<b>19.15-20.15</b>	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
<b>20.30-22.30</b>	Welcome evening and Presentation of the weekly activities	Soccer match Roller Film	Big Game	Evening on the beach with sport matches and night swim	Open air Cinema	Luna park or walk along the promenade	Farewell party or Shopping in the city centre

Note: This is a sample, subject to change based on weather conditions, number of participants or organizational reasons.