

The following schedule of visits, activities, and excursions is subject to change and substitution. In order for you to get the most out of the lectures and hands-on experience, you should be at least a **low-beginner** level Spanish speaker (approximately 1 semesters of Spanish in college, or 1 year of high school Spanish). If you are currently at a level below low-beginner, you may still apply, but we strongly recommend that you also register for at least an additional 2 weeks of Spanish classes prior to the start of the SALUD program.

Notes: Classes may take place in the morning and placement in the afternoons. It will depend on the placement you are assigned as well as the time of year you choose to go. The school offers 3 cultural activities per week for all participants in addition to the schedule below.

Saturday Pick-up at Guatemala City airport and private transfer to host families in Antigua. 2-4 students are placed in the same family. You will have your own bedroom unless you request otherwise.

Sunday 1-day Lake Atitlan excursion

The incredibly crystal clear Lake Atitlan has been called the most beautiful lake in the world. It is also one of the centers of trade for different Mayan groups, trading to each other as well as to tourists. During the internal conflict the areas around the lake were very affected by the war between the military and the guerillas.

06:00 You will be picked up at your homestay.
09:45 Boat tour (approx 5 hours).
15:00 Drive back to Antigua (about 3 hours).

Monday

07:30-09:15 Spanish oral exams and orientation talk
09:15-12:00 Cultural/school activity or free time (optional)
Lunch Host Family
15:45-17:00 Orientation walk in the city
Dinner Host Family

Tuesday - Friday

08:00-12:00 Group Spanish class (including break 09:50-10:10)
Lunch Host Family
15:00-17:30 Medical Terminology Spanish class
Dinner Host Family

Saturday & Sunday 2-day Monterrico excursion

Monterrico is a beautiful black sand beach on the Pacific coast of Guatemala. While not as luxurious as the beaches in nearby El Salvador, in Monterrico you can meet backpackers from all over the world. You can relax in a hammock while sipping large but inexpensive pina colodas, visit an animal sanctuary and release a baby turtle into the wild. One can experience a real local flavor here as Monterrico is not a huge resort town.

Saturday

08:00 You will be picked up at your home stay and start your journey by minivan to Monterrico.
10:30 Arrive at Monterrico Beach, and check in at the hotel Atelie del Mar. The rest of the day and evening you can enjoy the sun, relax at the pool or continue exploring) Be careful when entering the ocean, there is a strong current.

Sunday

Breakfast in the hotel (not included).
You can rest and relax, take some sun, read a book or enjoy the pool or ocean. You can also take a tour to the Biotopo Monterrico-Hawaii where you can see many birds, beautiful and bizarre nature, and at times turtles and other animals. Make sure you enjoy and have fun!! Be careful in the ocean and with sunbathing.
15:00 You will be picked up at the hotel to go back to Antigua. Please be on time.
17:30 Arrive in Antigua. Traffic might prolong the time of travel, please be flexible.

Monday Depart program

Getting There:

Participants are responsible for their own transportation to Guatemala City. Upon arriving to Guatemala City, you'll be picked up and taken to Antigua (about 45 minutes by car). Students should plan to arrive on a Sunday, and depart on a Saturday. If participants need to arrive a few days earlier or stay a few days later, this is possible at an additional cost.

Re-Cap of What's Included:

- 1 week of 4 hrs/day Group Spanish classes (20 hrs/wk)
- Private room with host family
- 3 meals daily (excluding Sundays, and some excursion days)
- 8 hours of medical Spanish Terminology
- Orientation tour & materials
- 2 excursions (Monterrico and Lake Atitlan)
- Travel Assistance Program
- Emergency message service

**** Itinerary subject to change ****