

## Important Note:

The following schedule of visits, activities, and excursions is subject to change and substitution. In order for you to get the most out of the lectures and hands-on experience, you should be at least a **low-intermediate** level Spanish speaker (approximately 3 semesters of Spanish in college, or 2 years of high school Spanish). If you are currently at a level below low-intermediate, you may still apply, but we strongly recommend that you also register for at least an additional 2 weeks of classes prior to the start of the SALUD program.

The first and second weeks are regular Spanish classes. During the third week, you will have 20 hours regular Spanish classes plus an additional 10 lessons focusing on medical terminology and information. During the fourth week, you will focus completely on specialty areas of interest and site visits will be incorporated. The special topic sessions will cover the following vocabulary topics in Spanish: parts of the body, laboratory procedures, admissions data, medical history taking, giving physical exams, conversing with patients, and more.

## Course content:

- Essential grammar (reflexive verbs, to hurt & to like, comparison of adjectives, pronouns, imperative verbs, verb + infinitive, key verb.).
- Alphabet, numbers, dimensions, colors, time expressions, useful greeting / expressions.
- Spanish for Nurses and Laboratory Technicians (analysis of blood, etc)
- Orthopedics and rehabilitation.
- Conversation with patients.
- Parts of the human body.
- Laboratory procedures.
- Admission data.
- Medical history.
- Physical.

**NOTE:** This program does not incorporate clinical observation work, however site visits are an integral part of the program.

## Week #1

### Sunday

Day of arrival. Meet host family.

### Monday

08:00 Welcome and orientation session (placement tests, etc)  
 09:00 Spanish Classes  
 13:00 Break for Lunch  
 14:00 Walking tour of the school, city and practical information session  
 19:00 Culture class and activities

### Tuesday-Friday

09:00 Spanish Classes  
 13:00 Break for Lunch  
 14:00 Walking tour of the school, city and practical information session  
 19:00 Culture class and activities

### Saturday-Sunday

Free weekend. Excursions are organized on weekends for an extra cost, around 20 USD per person. One teacher participates for every 24 students. Explanations are conducted in Spanish.

## Week #2

### Monday-Friday

09:00 Spanish Classes  
 13:00 Break for Lunch  
 14:00 Walking tour of the school, city and practical information session  
 19:00 Culture class and activities

## Saturday-Sunday

Free Weekend

### Week #3

#### Monday

09:00 Spanish Classes  
13:00 Break for Lunch  
14:00 2 hours special topic session: in the doctor's office  
19:00 Culture class and activities

#### Tuesday

09:00 Spanish Classes  
13:00 Break for Lunch  
14:00 2 hours special topic session: in the hospital & in the emergency room  
19:00 Culture class and activities

#### Wednesday

09:00 Spanish Classes  
13:00 Break for Lunch  
14:00 2 hours special topic session: with the gynecologist  
19:00 Culture class and activities

#### Thursday

09:00 Spanish Classes  
13:00 Break for Lunch  
14:00 2 hours special topic session: the annual visit (physical exams, etc)  
19:00 Culture class and activities

#### Friday

09:00 Spanish Classes  
13:00 Break for Lunch  
14:00 2 hours special topic session: with the cardiologist  
19:00 Culture class and activities

## Saturday & Sunday

Free Weekend

### Week #4

#### Monday

2-hour special topic session: with the dietician  
2-hour special topic lecture: Mexican Health System (IMSS, ISSSTE)<sup>1</sup>

#### Tuesday

2-hour special topic session: with the dentist  
2-hour special topic lecture: Visit to a private clinic

#### Wednesday

2-hour special topic session: with the pediatrician  
2-hour special topic lecture: Visit to a public hospital

<sup>1</sup> IMSS: Instituto Mexicano del Seguro Social. ISSSTE: Instituto de Seguridad y Servicios Sociales de los trabajadores del Estado.

## **Thursday**

2-hour special topic session: a baby is born

2-hour special topic lecture: Visit to University of Guanajuato School of Nursing

## **Friday**

2-hour special topic session: family planning

2-hour special conference: Traditional Medicine, Mexican Herbalist

## **Saturday**

Depart program

## **Getting There:**

Participants are responsible for their own transportation to Guanajuato (flying into Mexico City or Leon). We recommend Exito Travel ([http://www.amerispan.com/study\\_abroad\\_airfare.asp](http://www.amerispan.com/study_abroad_airfare.asp)). Students should plan to arrive on Sunday, and depart on Saturday. If participants need to arrive a few days earlier or stay a few days later, this is possible at an additional per day cost.

## **Re-Cap of What's Included:**

- 3 weeks, 5 hrs/day group classes (25 hrs/wk including 5 hrs/wk cultural classes)
- 10 additional hours of medical terminology in Spanish plus 4<sup>th</sup> week 20 hours lectures and activities
- Shared room with host family (private room available at additional cost)
- 2 meals daily
- Site visits (at least one during course)
- Laundry service (host family)
- Spanish language textbook
- Orientation tour & materials
- Travel Assistance Program
- Emergency message service

## **Suggested Donations (optional):**

- Gloves
- Hair Nets
- Booties
- Sterile Gauze Pads
- Band-Aids
- Stethoscopes
- Suture Kits
- Gowns
- LP Kits
- Used Eyeglasses
- Vitamins (like Centrum multi-vitamins)
- Aspirin, Ranitidine or other non-prescription drugs (small amounts)

# SALUD Guanajuato, Mexico Summer

Title of the educational activities:		IN THE DOCTOR 'S OFFICE		Third Week. Monday
<b>Objectives</b>	<b>Contents</b>	<b>Time frame</b>	<b>Presenter</b>	<b>Teaching Strategies</b>
This class is designed to increase the student's abilities in oral, reading and writing communication, as well as obtaining vocabulary and expressions used during a general interview with the doctor. Student will employ their knowledge in Spanish to create a record.	<ol style="list-style-type: none"> <li>1. Dialogs and comprehension Oral activities</li> <li>2. Cultural differences and their application to Hispanic patients</li> <li>3. Simulation activities</li> <li>4. Grammar skills</li> </ol>	30 minutes approximately for each activity	Pedro Rodriguez	hand-outs, overheads, slides, textbook.
Title of the educational activities:		IN THE HOSPITAL & THE EMERGENCY ROOM		Third Week. Tuesday
<b>Objectives</b>	<b>Contents</b>	<b>Time frame</b>	<b>Presenter</b>	<b>Teaching Strategies</b>
This class is designed to increase the student's abilities in oral, reading and writing communication, as well as obtaining vocabulary and expressions used in the hospital and during a emergency situation. Student will employ their knowledge in Spanish to ask their patients about an accident or a medical problem.	<ol style="list-style-type: none"> <li>1. Dialogs and comprehension Oral activities</li> <li>2. Simulation activities</li> <li>3. Grammar skills</li> </ol>	40 minutes approximately for each activity	Pedro Rodriguez	hand-outs, overheads, slides, textbook.
Title of the educational activities:		WITH THE GYNECOLOGIST		Third Week. Wednesday
<b>Objectives</b>	<b>Contents</b>	<b>Time frame</b>	<b>Presenter</b>	<b>Teaching Strategies</b>
This class is designed to increase the student's abilities in oral, reading and writing communication, as well as obtaining vocabulary and expressions used during a general interview with the Gynecologist or during the treatment of certain suffering.	<ol style="list-style-type: none"> <li>1. Dialogs and comprehension Oral activities</li> <li>2. Cultural differences and their application to Hispanic patients</li> <li>3. Simulation activities</li> <li>4. Grammar skills</li> </ol>	30 minutes approximately for each activity	Pedro Rodriguez	hand-outs, overheads, slides, textbook.
Title of the educational activities:		THE ANNUAL VISIT		Third Week. Thursday
<b>Objectives</b>	<b>Contents</b>	<b>Time frame</b>	<b>Presenter</b>	<b>Teaching Strategies</b>
This class is designed to increase the student's abilities in oral, reading and writing communication, as well as obtaining vocabulary and expressions used during the annual visit or checkup. Student will be able to recommend a treatment to their patient.	<ol style="list-style-type: none"> <li>1. Dialogs and comprehension Oral activities</li> <li>2. Simulation activities</li> <li>3. Grammar skills</li> </ol>	40 minutes approximately for each activity	Pedro Rodriguez	hand-outs, overheads, slides, textbook.
Title of the educational activities:		WITH THE CARDIOLOGIST		Third Week. Friday
<b>Objectives</b>	<b>Contents</b>	<b>Time frame</b>	<b>Presenter</b>	<b>Teaching Strategies</b>
This class is designed to increase the student's abilities in oral, reading and writing communication, as well as obtaining vocabulary and expressions used during the visit or checkup with the Cardiologist. Student will be able to recommend a treatment to their patient or suggest specific style of life and habits.	<ol style="list-style-type: none"> <li>1. Dialogs and comprehension Oral activities</li> <li>2. Simulation activities</li> <li>3. Grammar skills</li> </ol>	40 minutes approximately for each activity	Pedro Rodriguez	hand-outs, overheads, slides, textbook.

Title of the educational activities:		WITH THE DIETICIAN		Fourth Week. Monday
<b>Objectives</b>	<b>Contents</b>	<b>Time frame</b>	<b>Presenter</b>	<b>Teaching Strategies</b>
This class is designed to increase the student's abilities in oral, reading and writing communication, as well as obtaining vocabulary and expressions used during the visit with the Dietician. Students will be able to recommend a new balanced diet to their patients.	<ol style="list-style-type: none"> <li>1. Dialogs and comprehension Oral activities</li> <li>2. Simulation activities</li> </ol>	25 minutes approximately for each activity	Pedro Rodriguez	hand-outs, overheads, slides, textbook.
Title of the educational activities:		WITH THE DENTIST		Fourth Week. Tuesday
<b>Objectives</b>	<b>Contents</b>	<b>Time frame</b>	<b>Presenter</b>	<b>Teaching Strategies</b>
This class is designed to increase the student's abilities in oral, reading and writing communication, as well	<ol style="list-style-type: none"> <li>1. Dialogs and comprehension Oral activities</li> </ol>	25 minutes approximately for each activity	Pedro Rodriguez	hand-outs, overheads, slides, textbook.

as obtaining vocabulary and expressions used during the normal visit or checkup with the dentist. Student will be able to recommend a treatment to their patient.	2. Simulation activities			
<b>Title of the educational activities:</b>	<b>WITH THE PEDIATRICIAN</b>			Fourth Week. Wednesday
<b>Objectives</b>	<b>Contents</b>	<b>Time frame</b>	<b>Presenter</b>	<b>Teaching Strategies</b>
This class is designed to increase the student's abilities in oral, reading and writing communication, as well as obtaining vocabulary and expressions used during the visit with the Pediatrician. Student will be able to create a record, ask about some illness or sickness of a child, has a general interview with their patients. Also, students will be able to recommend a treatment to their patient.	1. Dialogs and comprehension Oral activities 2. Simulation activities	25 minutes approximately for each activity	Pedro Rodriguez	hand-outs, overheads, slides, textbook.
<b>Title of the educational activities:</b>	<b>A BABY IS BORN</b>			Fourth Week. Thursday
<b>Objectives</b>	<b>Contents</b>	<b>Time frame</b>	<b>Presenter</b>	<b>Teaching Strategies</b>
This class is designed to increase the student's abilities in oral, reading and writing communication, as well as obtaining vocabulary and expressions used during the pregnancy and when the patient is in labour.	1. Dialogs and comprehension Oral activities 2. Simulation activities	25 minutes approximately for each activity	Pedro Rodriguez	hand-outs, overheads, slides, textbook.
<b>Title of the educational activities:</b>	<b>FAMILY PLANNING</b>			Fourth Week. Friday
<b>Objectives</b>	<b>Contents</b>	<b>Time frame</b>	<b>Presenter</b>	<b>Teaching Strategies</b>
This class is designed to increase the student's abilities in oral, reading and writing communication, as well as obtaining vocabulary and expressions used during a birth control or sexual health consult.	1. Dialogs and comprehension Oral activities 2. Simulation activities	25 minutes approximately for each activity	Pedro Rodriguez	hand-outs, overheads, slides, textbook.

<b>Title of the educational activities:</b>	<b>CONFERENCES AND FIELD TRIPS</b>			Fourth Week. Friday
<b>Objectives</b>	<b>Contents</b>	<b>Time frame</b>	<b>Presenter</b>	<b>Teaching Strategies</b>
These activities are designed to provide students a complete appreciation and understanding of the Mexican Health System. Students will appreciate the Private and Public Health service as well as the traditional aspects of the Mexican herbalist.	1. <i>Conference: Mexican Health System (IMSS, ISSSTE)<sup>2</sup></i> 2. <i>Visit to a Private Clinic</i> 3. <i>Visit to a public Hospital</i> 4. <i>Visit to University of Guanajuato School of Nursing</i> 5. <i>Conference: Traditional Medicine: Mexican herbalist</i>	2 hours approximately for each activity		hand-outs, overheads, slides.

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