

## Important Note:

The following schedule of visits, activities, and excursions is subject to change and substitution. In order for you to get the most out of the lectures and hands-on experience, you should be at least a **mid-intermediate** level Spanish speaker (approximately 4 semesters of Spanish in college, or 3 years of high school Spanish). If you are currently at a level below mid-intermediate, you may still apply, but we strongly recommend that you also register for at least an additional 2 weeks of classes prior to the start of the SALUD program.

Although clinical observation experiences tend to be mostly shadowing, they may vary from strictly observational/shadowing to more hands on. The amount of hands on work you do during your clinical observation component will depend on your current language and medical skills as well as the organization's needs and your ability to integrate. It is important to remember that you are not licensed in the host country.

### Week #1

**Saturday** Arrival to Quito, pick up at Quito airport, overnight at Akros Hotel (if Quito package has been booked)

**Sunday** Quito city tour in the morning, lunch at a typical restaurant, transfer to Quito Airport, flight to Cuenca, and transfer to host family.

#### Monday

08:00 Arrive to school, placement test  
 09:30 Orientation  
 14:10 – 14:55 Medical Vocabulary private lesson  
 15:00 – 16:30 Spanish Grammar Class  
 16:30 – 16:50 Break  
 16:50 – 18:20 Spanish Conversation class

#### Tuesday

11:15 Cultural diversity in Ecuador lecture  
 14:10 – 14:55 Medical Vocabulary private lesson  
 15:00 – 16:30 Spanish Grammar Class  
 16:30 – 16:50 Break  
 16:50 – 18:20 Spanish Conversation class  
 18:30 – 20:00 Latin American movie

#### Wednesday

11:15 Museum visit  
 14:10 – 14:55 Medical Vocabulary private lesson  
 15:00 – 16:30 Spanish Grammar Class  
 16:30 – 16:50 Break  
 16:50 – 18:20 Spanish Conversation class  
 18:30 – 20:00 Tropical dance classes

#### Thursday

14:10 – 14:55 Medical Vocabulary private lesson  
 15:00 – 16:30 Spanish Grammar Class  
 16:30 – 16:50 Break  
 16:50 – 18:20 Spanish Conversation class  
 18:30 – 20:00 Cooking class

#### Friday

11:15 Observation of traditional healers practices in the market  
 14:10 – 14:55 Medical Vocabulary private lesson  
 15:00 – 16:30 Spanish Grammar Class  
 16:30 – 16:50 Break  
 16:50 – 18:20 Spanish Conversation class

**Saturday**  
09:00 – 17:00 Ingapirca pre-Columbian archeological remains guided tour

**Sunday**  
Free Day

### Week #2

**Monday**  
11:15 Ecuadorian health system lecture (in English)  
15:00 – 16:30 Spanish Grammar Class  
16:30 – 16:50 Break  
16:50 – 18:20 Spanish Conversation class

**Tuesday**  
09:00 – 11:00 Visit to public medical facilities with a medical guide: Fundación Pablo Jaramillo  
15:00 – 16:30 Spanish Grammar Class  
16:30 – 16:50 Break  
16:50 – 18:20 Spanish Conversation class  
18:30 – 20:00 Latin American Movie

**Wednesday**  
09:00 – 11:00 Visit to private medical facilities with a medical guide: Hospital Santa Inés  
15:00 – 16:30 Spanish Grammar Class  
16:30 – 16:50 Break  
16:50 – 18:20 Spanish Conversation class  
18:30 – 20:00 Tropical dance classes

**Thursday**  
09:00 – 11:00 Visit to private medical facilities with a medical guide: Universidad del Azuay  
15:00 – 16:30 Spanish Grammar Class  
16:30 – 16:50 Break  
16:50 – 18:20 Spanish Conversation class  
18:30 – 20:00 Cooking class

**Friday**  
15:00 – 16:30 Spanish Grammar Class  
16:30 – 16:50 Break  
16:50 – 18:20 Spanish Conversation class

**Saturday**  
09:00 – 17:00 El Cajas National Park guided visit

**Sunday**  
Free day

### Week #3

**Monday**  
08:00 – 12:00 Emergency room observation  
15:00 – 16:30 Spanish Grammar Class  
16:30 – 16:50 Break  
16:50 – 18:20 Spanish Conversation class

**Tuesday**  
08:00 – 12:00 General medical practice observation  
15:00 – 16:30 Spanish Grammar Class  
16:30 – 16:50 Break  
16:50 – 18:20 Spanish Conversation class  
18:30 – 20:00 Latin American movie

## Wednesday

08:00 – 12:00 Specialized medical practice observation  
 15:00 – 16:30 Spanish Grammar Class  
 16:30 – 16:50 Break  
 16:50 – 18:20 Spanish Conversation class  
 18:30 – 20:00 Tropical Dance Classes

## Thursday

11:15 Religious Art Museum and Old Cathedral visit (or equivalent)  
 15:00 – 16:30 Spanish Grammar Class  
 16:30 – 16:50 Break  
 16:50 – 18:20 Spanish Conversation class  
 18:30 – 20:00 Cooking class

## Friday

08:00 – 13:00 General medical practice observation at a public hospital Homero Castanier in nearby Azogues city  
 15:00 – 16:30 Spanish Grammar Class  
 16:30 – 16:50 Break  
 16:50 – 18:20 Spanish Conversation class

## Saturday

09:00 – 17:00 El Chorro de Girón trekking visit

## Sunday

Free day

### Week #4

## Monday

08:00 – 12:00 Shadowing a doctor  
 15:00 – 16:30 Spanish Grammar Class  
 16:30 – 16:50 Break  
 16:50 – 18:20 Spanish Conversation class

## Tuesday

08:00 – 12:00 Shadowing a doctor  
 15:00 – 16:30 Spanish Grammar Class  
 16:30 – 16:50 Break  
 16:50 – 18:20 Spanish Conversation class  
 18:30 – 20:00 Latin American movie

## Wednesday

08:00 – 12:00 Shadowing a doctor  
 15:00 – 16:30 Spanish Grammar Class  
 16:30 – 16:50 Break  
 16:50 – 18:20 Spanish Conversation class  
 18:30 – 20:00 Tropical dance classes

## Thursday

08:00 – 12:00 Shadowing a doctor  
 15:00 – 16:30 Spanish Grammar Class  
 16:30 – 16:50 Break  
 16:50 – 18:20 Spanish Conversation class  
 18:30 – 20:00 Farewell party

## Friday

08:00 – 12:00 Shadowing a doctor  
 15:00 – 16:30 Spanish Grammar Class  
 16:30 – 16:50 Break  
 16:50 – 18:20 Spanish Conversation class

## Saturday

Depart Program.

## **Getting There:**

Participants are responsible for their own transportation to Quito. We recommend Exito Travel ([http://www.amerispan.com/study\\_abroad\\_airfare.asp](http://www.amerispan.com/study_abroad_airfare.asp)). This program includes the Quito package, so upon arriving to Quito, you'll be picked up and taken to Akros Hotel. Your transfer to Cuenca will be planned for Sunday. Students should plan to arrive on Saturday and depart on Saturday. If you don't arrive on Saturday, you must arrange your own transportation from Quito to Cuenca. You must pay for this package upon registration and it is non-refundable. If participants need to arrive a few days earlier or stay a few days later, this is possible at an additional cost.

## **Re-Cap of What's Included:**

- 4 wks 4 hrs/day classes (20 lessons/wk, maximum 6 students per group)
- 3 weeks Medical Terminology Private classes (5 lessons/wk)
- Private room with host family
- 3 meals daily
- Clinical observation visits (these vary from observational to more hands-on)
- Doctor shadowing
- Discussions/Lectures on Ecuadorian health issues
- 3 weekend activities
- Airport pick-up, Quito hotel night upon arrival, Quito city tour
- Orientation tour & materials
- Quito – Cuenca flight
- Travel Assistance Program
- Emergency message service

## **Suggested Donations (optional):**

- Gloves
- Hair Nets
- Booties
- Sterile Gauze Pads
- Band-Aids
- Stethoscopes
- Suture Kits
- Gowns
- LP Kits
- Used Eyeglasses
- Vitamins (like Centrum multi-vitamins)
- Aspirin, Ranitidine or other non-prescription drugs (small amounts)

## **Required Wardrobe:**

- White lab coat (preferred) or scrubs
- Stethoscope