

Important Note:

The following schedule of visits, activities, and excursions is subject to change and substitution. In order for you to get the most out of the lectures and hands-on experience, you should be at least a **mid-beginner** level Portuguese speaker (approximately 2 semesters of Portuguese in college, or 2 years of high school Portuguese). If you are currently at a level below mid-beginner, you may still apply, but we strongly recommend that you also register for at least an additional 2 weeks of classes prior to the start of the SALUD program.

Although clinical observation experiences tend to be mostly shadowing, they may vary from strictly observational/shadowing to more hands on. The amount of hands on work you do during your clinical observation component will depend on your current language and medical skills as well as the organization's needs and your ability to integrate. It is important to remember that you are not licensed in the host country.

Week #1

Sunday	Arrival to Maceio. Pick up is included at the airport
Monday	
08:00	Placement test and orientation
09:30	Portuguese Lessons.
11:50	Lunch
Tuesday	
08:00	Portuguese lessons
11:50	Lunch
15:30 – 16:30	Workshop: Medical Vocabulary (Human body in general)
Wednesday	
08:00	Portuguese lessons
11:50	Lunch
13:30 – 15:00	Workshop: Medical Vocabulary (Hospital: Materials and Staff)
Thursday	
08:00	Portuguese lessons
11:50	Lunch
13:30 – 15:00	Workshop: Medical Vocabulary (Introduction to Tropical Diseases)
Friday	
08:00	Portuguese lessons
11:50	Lunch
	Free afternoon
Saturday	
07:00	Depart from school for a weekend excursion to Recife and Olinda.
10:00	Estimated time of arrival in Porto de Galinhas. You will have time to enjoy the attractions and visit the most famous beach on the Pernambuco Coast.
	Lunch in Porto de Galinhas
12:00	Leave for Recife
13:30	
15:00	Estimated time of arrival in Recife. Check in to hotel.
16:00	Visit downtown Recife and tourist attractions including museums, monuments and squares.
19:00	Dinner
22:00	Change at hotel
23:30	Night out at a dance club downtown
Sunday	
08:00	Breakfast at the hotel
10:00	Check out and go to Olinda, one of the most famous historic cities in Brazil. Spend the day there.
13:00	Lunch
16:00	Depart for Maceio
22:00	Arrive in Maceio

SALUD Brazil Summer

Tropical Diseases

Week #2

Monday
08:00 Portuguese lessons
11:50 Lunch
17:00-18:00 Lecture: Brief introduction to the Brazilian medical system and overview of tropical diseases. These lessons are held at the school and given by a doctor who specializes in tropical diseases.

Tuesday
08:00 Portuguese lessons
11:50 Lunch
17:00-18:00 Lecture: Yellow Fever

Wednesday
08:00 Portuguese lessons
11:50 Lunch
17:00-18:00 Lecture: Malaria

Thursday
08:00 Portuguese lessons
11:50 Lunch
17:00-18:00 Lecture: Dengue

Friday
08:00 Portuguese lessons
11:50 Lunch
17:00-18:00 Lecture: Conclusion of Tropical Diseases

Saturday – Sunday
Free Weekend

Week #3

Monday – Friday
08:00 Depart for Hospital Universitario
09:00 – 12:00 Clinical Observation

Saturday
06:00 Depart from school for excursion to Caruaru. Located in the state of Pernambuco, this city is famous for its picturesque public market.
10:00 Estimated arrival time in Caruaru, Visit the public market.
12:00 Lunch
13:30 Head to inn in Bonito. Bonito is located less than one hour away from Caruaru. This city is home to some beautiful waterfalls that you will visit.
14:30 Arrive at the inn. Settle in and then hike in the hills surrounding the city. You will watch a sunset from a very famous point.

Sunday
08:00 Breakfast
09:00 Another hike where you will visit more waterfalls
12:00 Lunch
15:00 Depart for Maceio
20:00 Arrive in Maceio

Monday – Friday

08:00

Depart for Hospital Universitario

09:00 – 12:00

Clinical Observation

Saturday

Depart program

Getting There:

Participants are responsible for their own transportation to Maceio. We recommend Exito Travel (http://www.amerispan.com/study_abroad_airfare.asp). Upon arriving to Maceio, you'll be picked up and taken to your host family. Students should plan to arrive on Sunday and depart on Saturday. If participants need to arrive a few days earlier or stay a few days later, this is possible at an additional cost.

Re-Cap of What's Included:

- 2 wks 4 hrs/day classes (20 hrs/wk)
- Private room with host family
- 2 meals daily
- 2 weeks Clinical Observation Placement
- Weekend excursions as listed
- Airport pick-up in Maceio
- Orientation tour & materials
- Travel Assistance Program
- Emergency message service

Suggested Donations (optional):

- Gloves
- Hair Nets
- Booties
- Sterile Gauze Pads
- Band-Aids
- Stethoscopes
- Suture Kits
- Gowns
- LP Kits
- Used Eyeglasses
- Vitamins (like Centrum multi-vitamins)
- Aspirin, Ranitidine or other non-prescription drugs (small amounts)

Required Wardrobe:

- White lab coat (preferred) or scrubs
- Stethoscope