

Un Poco de Todo – Costa Rica

Itinerary

| <u>Day</u> | <u>Description</u> |
|--------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|
| Week 1 | |
| Sunday | Arrival to San Jose int'l airport. Transport to host families |
| Monday-Friday | 4 hrs/day small group classes, private room and 2 meals daily in host family (orientation at the school, activities in the afternoons) |
| Saturday | Transfer to volunteer project (transportation included). Overnight at volunteer site |
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| Week 2 | |
| Sunday-Friday | Volunteer work (various organizations, environmental placements), lodging on site (no meals included) |
| Saturday | Transfer back to Heredia (transportation included). Overnight in Heredia (double occupancy**) |
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| Week 3 | |
| Sunday-Monday | 2-day tour to National Park Tortuguero. Transportation, several guided tours and visits, overnight (double occupancy) and some meals included |
| Monday | Overnight in Heredia (double occupancy**) |
| Tuesday | Rafting. Transportation, 3 hrs rafting and some meals included Overnight in Heredia (double occupancy**) |
| Wednesday-Thursday | 2-day trip to indigenous village Bri-Bri. Transportation, overnight (double occupancy**) guided visits and some meals included |
| Thursday | Overnight in Heredia (double occupancy**) |
| Friday | Visit to Isla Tortuga (beach). Transportation, boat tour and buffet lunch included. Overnight in Heredia (double occupancy**) |
| Saturday | End of program. |

**Dates of trips are subject to change and can be substituted for alternative trips of equal or more value.*

***Price based on double occupancy. Upgrade to single room may be possible.*